

2 - 2ª Jornada, 1ª sesión

25/10/2025

Prueba 11  
25/10/2025

Fem., 400m Estilos

Absoluto femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN									Tiempo	AQUA	RT
1. DENBY, Kennedy Hope	05	C.N. Las Palmas								<b>5:01.59</b>	607	+0,86
50m: 31.89 31.89	150m: 1:47.48	40.14	250m: 3:09.30	42.20	350m: 4:27.47	35.45						
100m: 1:07.34 35.45	200m: 2:27.10	39.62	300m: 3:52.02	42.72	400m: 5:01.59	34.12						
2. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas								<b>5:10.09</b>	559	+0,87
50m: 32.79 32.79	150m: 1:48.90	38.62	250m: 3:10.68	44.32	350m: 4:33.24	37.33						
100m: 1:10.28 37.49	200m: 2:26.36	37.46	300m: 3:55.91	45.23	400m: 5:10.09	36.85						
3. JAEN SERRA, Naira	08	C.D.N. Nadamas Santa Rosa								<b>5:13.28</b>	542	+0,78
50m: 33.04 33.04	150m: 1:53.23	42.72	250m: 3:18.52	43.92	350m: 4:39.34	35.03						
100m: 1:10.51 37.47	200m: 2:34.60	41.37	300m: 4:04.31	45.79	400m: 5:13.28	33.94						
4. BATISTA RIOS, Marta	11	C.N. Metropole								<b>5:36.68</b>	436	+0,86
50m: 35.95 35.95	150m: 1:59.62	41.33	250m: 3:30.70	50.45	350m: 4:59.74	37.74						
100m: 1:18.29 42.34	200m: 2:40.25	40.63	300m: 4:22.00	51.30	400m: 5:36.68	36.94						
5. JOVER RODRIGUEZ, Ana	11	C.N. Metropole								<b>5:42.55</b>	414	+0,73
50m: 35.40 35.40	150m: 2:04.60	44.97	250m: 3:34.53	45.00	350m: 5:05.33	40.79						
100m: 1:19.63 44.23	200m: 2:49.53	44.93	300m: 4:24.54	50.01	400m: 5:42.55	37.22						
6. BONILLA BORDON, Ines	06	C.N. Aguacan								<b>5:43.94</b>	409	+0,84
50m: 34.89 34.89	150m: 1:59.36	43.38	250m: 3:34.90	52.56	350m: 5:05.42	39.42						
100m: 1:15.98 41.09	200m: 2:42.34	42.98	300m: 4:26.00	51.10	400m: 5:43.94	38.52						
7. CASTILLO QUINTERO, Jenny Mariana	11	C.N. Las Palmas								<b>5:56.54</b>	367	+0,89
50m: 37.18 37.18	150m: 2:06.35	46.20	250m: 3:43.86	51.96	350m: 5:17.93	39.89						
100m: 1:20.15 42.97	200m: 2:51.90	45.55	300m: 4:38.04	54.18	400m: 5:56.54	38.61						
8. ALAMO MATOS, Ariadna	09	C.N. Carucagua								<b>6:00.01</b>	357	+0,92
50m: 36.38 36.38	150m: 2:03.63	44.63	250m: 3:43.90	55.41	350m: 5:20.44	40.79						
100m: 1:19.00 42.62	200m: 2:48.49	44.86	300m: 4:39.65	55.75	400m: 6:00.01	39.57						
9. PERERA SOSA, Zayra	12	C.N. Aguacan								<b>6:06.60</b>	338	+0,82
50m: 38.78 38.78	150m: 2:13.73	48.61	250m: 3:51.94	51.11	350m: 5:26.28	42.15						
100m: 1:25.12 46.34	200m: 3:00.83	47.10	300m: 4:44.13	52.19	400m: 6:06.60	40.32						
10. PEREZ SUAREZ, Laura	01	C.N. Faynagua C. Telde								<b>6:13.13</b>	320	+0,87
50m: 37.17 37.17	150m: 2:09.44	49.61	250m: 3:52.51	53.84	350m: 5:30.67	42.55						
100m: 1:19.83 42.66	200m: 2:58.67	49.23	300m: 4:48.12	55.61	400m: 6:13.13	42.46						
11. CEDRES ESPINOSA, Martina	09	Esna Lanzarote								<b>6:13.52</b>	319	+0,87
50m: 39.19 39.19	150m: 2:14.03	48.59	250m: 3:54.32	53.30	350m: 5:32.04	42.95						
100m: 1:25.44 46.25	200m: 3:01.02	46.99	300m: 4:49.09	54.77	400m: 6:13.52	41.48						
12. RODRIGUEZ VIERA, Alma Maria	12	C.N. Aguacan								<b>6:37.11</b>	266	+0,85
50m: 42.05 42.05	150m: 2:20.62	48.99	250m: 4:09.45	59.83	350m: 5:53.69	45.57						
100m: 1:31.63 49.58	200m: 3:09.62	49.00	300m: 5:08.12	58.67	400m: 6:37.11	43.42						
13. SEDES CUESTA, Bibiana	12	C.N. Aguacan								<b>6:38.45</b>	263	+1,05
50m: 40.99 40.99	150m: 2:23.56	51.89	250m: 4:10.86	57.98	350m: 5:54.60	45.44						
100m: 1:31.67 50.68	200m: 3:12.88	49.32	300m: 5:09.16	58.30	400m: 6:38.45	43.85						